



Special Forces Association
Chapter 90, Fredericksburg, VA

'The Green Berets'

Profiles in Courage Award

'Bravery Beyond the Battlefield'

Intent: SFA Chapter 90 annually recognizes central Virginia Rappahannock regional (Spotsylvania, Caroline, Orange, Culpeper, King George, Stafford, and Fauquier counties) individuals who performed exemplary deeds or services that enrich our community civic spirit and values. Deeds and services that can serve as an inspiration to our fellow citizens and represent the best in all of us.

What are 'Exemplary Deeds or Services?'

Obviously individuals who risked their life to save others immediately come to mind. Police, firefighters, or 1st Responders are often but not exclusively associated with these types of situations.

A recent incident involving our 2020 awardee, Cody F. of Spotsylvania county, is a perfect example. Cody was golfing with friends in Florida where he was attending school in January 2020. Suddenly they saw a service utility vehicle fall into a canal over a hundred yards away. Cody immediately ran to the scene and discovered the greens keeper pinned under the vehicle submerged in the canal. Led by Cody the men leapt into the canal and were eventually able to lift the vehicle off the man and pull him to safety. Without their quick actions he would have drowned.

Bravery is demonstrated in other forms as well such as moral, ethical, or spiritual courage.

A great example is our 2019 award winner Debra S. of Fredericksburg. Debra, a single mom, adopted a special needs pre-teen young boy who had been through a dozen or more foster homes. Debra has established a normal pattern of life with

access to top level medical and professional services to provide the young man with an excellent opportunity for a productive life that he would never have had otherwise.

Other examples may include:

- A teacher who inspires, encourages, or supports their students in some extraordinary manner.
- A patient courageously battling a debilitating disease.
- A group performing some form of extraordinary community service.
- An individual contributing or leading some form of charitable cause or organization.
- An individual leading an effort resulting in improved community health, safety, or other form of quality of life enhancement.

Nominations **are not** limited to these types of examples.